

Assured Hope: Using Meditative Prayer and Neuroscience to Bring Healing
Karl Benzio, MD - Rev. Ruth Hendrickson
Booth #232

I. INTRODUCTION

A. Wrestling with Good and Evil in Postmodern Culture

- Erosion of Judeo-Christian values and need for assured hope

B. Importance of the Bible as Truth

- Bringing the Bible and God's healing into professional mental health and religious communities

C. Biblical Authority and Ethical Mandate

- Aligning belief systems with Biblical authority – erring on the side of Scripture vs culture

II. BODY

I. Learning the Difference Between Good and Godly Beliefs

A. Defining Good and Godly Beliefs

- Distinction between good and godly beliefs and the Biblical perspective

B. Examples of Good vs. Godly Beliefs

- The potential limitations of "good" actions and beliefs

C. Transformation from Good to Godly Actions

- Transition from good actions to godly actions in counseling and ministry
- The impact of godly beliefs on breaking the cycle of dysfunction and evil

D. Addressing Demonic Interference and Spiritual Warfare

- The potential for demonic interference in counseling
- Incorporating spiritual warfare and deliverance in a responsible manner
- Utilizing the Mashah model for a biblically based approach

E. Embracing Holy Moments and God's Agenda

- The power of discernment and connection with God

F. The Decision-Making Process and the SPEARS Model

II. Inviting Healing Through Transformation

A. Invitation for Healing

- Holy Spirit's revelation of unhealthy beliefs
- Shifting from worldly thoughts to listening to the Holy Spirit

B. Role of Emotions in Releasing Hope

- Understanding the role of emotions aligned with Biblical Truth
- Releasing hope to clients/receivers through emotional alignment

II. Discussing the Role of Emotions as Characterized in the Bible and Integrating it with the Professional Mandate

A. Emotions in the Bible

B. Emotions Under the Lordship of Jesus Christ

1. Understanding the Gift of Emotions

- Emotions as a God-given warning system

2. Addressing the Unconscious Space

- Unconscious space as a critical area for emotional growth

3. Balancing Emotions for Healing

- The role of pastors and mental health professionals in guiding emotional healing

4. Assisting Others in Emotionally Balanced Living

- Helping individuals open up and process suppressed emotions
- Identifying unhealthy emotional patterns and beliefs

5. Aligning Emotions with the Word of God

- Emotions as indicators of our relationship with God

III. The Mashah Model for Changing Unhealthy Belief Patterns

A. Methods to Identify and Change Unhealthy Belief Patterns

1. Cognitive Identification of Beliefs

2. Analyzing Decisions and Beliefs (GIGO)

3. Revelation and Biblical Prayer

B. Transforming Unhealthy Patterns to Godly Beliefs

C. Key Steps in the Mashah Model

1. Lordship and Binding

- Acknowledging the Lordship of Jesus Christ
- Restricting demonic interference through authoritative prayer

2. Belief Systems

- Core of the Mashah Model
- Identifying and addressing false or ungodly beliefs through Holy Spirit's guidance

3. Receiving Truth

- Empowering the client to receive truths directly from God
- Recording and reinforcing these truths for lasting transformation

4. Other Ministry Tools

D. Integration with Existing Modalities

1. Seamless Integration – Professional Therapists

- Weaving Mashah Model into existing therapeutic modalities[

2. Benefits for Church Leaders

- Establishing Mashah teams for emotional healing in churches
- Bridging the gap between pastoral and professional care

3. Authentic Encounter for Healing

- Highlighting the potential of authentic God-encounters for swift healing
- Emphasizing the transformative power of direct revelation from God

IV. CONCLUSION

V. Call to Action

A. Resource Information and Contact

- Further information on the Mashah Model, training, and materials available at the resource table during the event. Visit us at booth 232
- Contact Rev. Ruth Hendrickson: <https://www.mashahministry.com> OR <https://www.ruthhendrickson.com> Email: Hendrickson.rjh@gmail.com
- Contact Karl Benzio, MD: <https://www.honeylake.clinic/>, Email: Kbenzio@gmail.com

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